

G.B.C. Dialog

ARCHIVES
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Barenaked Ladies; Dressed

January 1995

Sports
Inside:
Huskies Highlights



Welcome Back to George Brown College, here are some activities which may interest you!

Sports



Competitions



Camp Zu



Hospitality

SCOTT MISSION - The Real Spirit of Christmas



On December 4, 1994, the CFSEA held its annual Christmas party for kids and seniors at the Scott Mission. Many people and organizations in the Foodservice industry donated food, toys, money and prizes to the party. Members of the CFSEA Senior and Junior branches volunteered to fill treat bags, serve food and entertain the kids for the day.

Members of the George Brown College Junior Branch (Hospitality Club) were on hand to help with the festivities. One of our members, Laura Altobelli, also took the time to make gift bags and collect candy for the kids. The Hospitality Club donated Hot Dogs, Hamburgers, and \$250.00 raised from engraving knives.

Activities for the day consisted of a magic show, Christmas carolling, a dinner and dessert buffet, and of course a visit from Santa. Volunteers from the Junior branches dressed as clowns and entertained the kids as they moved from one event to another.

It was a busy but rewarding day for everyone who took part. Seeing the smiles on the faces of the kids and seniors made us all realize what we have to be thankful for this Christmas.

THE GBC BUNCH

by Richard Scott

(Read to the tune of the Brady Bunch)

Here's a story of GBC
The Hos-pit-ality division
It was a school short on cash
funded by the government

Here's a story of the students
Paper towel dispensers working fine
oversize classes, bureaucracy bound
Where do we draw the line?

Then one day appeared the "Black Beauty"
My paper towel nightmares were over once and for all
Money badly spent, where does it come from
Who made this call

Who made this call (do da do)
who made this call (do da do)
Paper towel dispensers, really
who made this call (do da do)

HELP!

If you would like to contribute articles, recipes, or pictures to the Hospitality section of the Dialog, please contact Denise in Room 254 or call 867-2244. You can also direct any concerns or suggestions to the Student Association.

Recipes

Here are two easy, low-fat, recipes to help you keep your New Year's Resolutions!

PASTA DINNER FOR ONE

1 cup pasta, any shape
1 cup broccoli florets
1 tsp vegetable oil
1 small tomato, chopped
1 clove garlic, minced
1 tbsp chopped fresh basil or 1/4 tsp dried
1 oz ham or turkey, thinly sliced
1 tbsp parmesan cheese
salt and pepper

In a pot of boiling water, cook pasta until tender but firm. Add broccoli about 2 minutes before pasta is ready, drain.

In a skillet, heat oil over medium-high heat; cook tomato, garlic, basil, and meat, stirring often, until heated through. Pour over drained pasta and broccoli; toss to mix. Sprinkle with parmesan cheese and season with salt and pepper.

"PIZZA" STUFFED POTATO

1 baking potato, baked
1 1/2 oz part-skim mozzarella cheese, shredded
1/4 cup tomato sauce
1/4 cup part-skim ricotta cheese
oregano and garlic powder
2 tsp parmesan cheese, grated

Preheat oven to 450 f. Cut potato in half lengthwise. Scoop out pulp into a bowl, leaving a 1/4 inch-thick skin: mash pulp and reserve shells.

Add 1 oz mozzarella cheese, tomato sauce, ricotta cheese, oregano and garlic powder to potato pulp and stir to combine. Spoon 1/2 of potato mixture into each shell, top with remaining mozzarella cheese. Set potato shells in a casserole dish and bake until thoroughly heated, about 10 minutes.

WELCOME SARA WAXMAN

RESTAURANT CRITIC AND AUTHOR

WITH THE TORONTO SUN

COME HEAR ABOUT THIS MAKE OR

BREAK BUSINESS AND HER NEW

BOOK "TORONTO'S CHEAPER EATS"

DATE: JAN 10 95 TIME 12:00 TO 12:45

ROOM 112 AUDITORIUM

BOOK SIGNING BOOK GIVEAWAY

Hospitality

Club News

by Denise Coward, Hospitality Club president

December was a busy month for the Hospitality Club. The CFSEA Christmas party at the Scott Mission was a big success and all the volunteered enjoyed spending the day with the kids and seniors. Thanks to everyone who used our engraving service, we raised \$250.00 for the Scott mission. We would also like to thank everyone who participated in the event for helping us contribute to this worthy cause.

We had a good turn out for our general meeting on December 6th. About thirty members attended and enjoyed free pizza and pop. We discussed plans for the New Year, CFSEA meetings, and upcoming volunteer events. If you were unable to attend the meeting, or any meeting, you can pick up the minutes in Room 254 during office hours.

During December The Club was responsible for finding volunteers for the Staff/ Faculty party and the Charity Christmas Lunch held in Siegfried's. It was nice to see so many people volunteer during this busy season. Thank You to everyone who signed up and gave there time to help others.

The Hospitality Club held a Christmas party at Betty's on December 13th. There were free appetizers, door prizes, and lots of fun. The party was a nice break from the stresses of school and work.

The next CFSEA meeting is Top Management Night on January 22, 1995. This is one of the most interesting meetings of the year because it is an awards night for people in the Foodservices industry. One member will be selected to go for free. If you are interested in attending, put your name and phone number in the Blue Box outside Room 254 before January 6, 1995. If your name is not drawn, you can purchase a ticket in the office before January 13, 1995.

Office Hours have changed again. Please check the times on the office door. We like to hear from you so if you have any ideas for guest speakers, events, or you just want to chat, feel free to Stop by. Good Luck with the new Semester!

Big Hotel, Small Restaurant, or Catering?

- Where to go from here.

Over the past few months, students have approached me for advice on where to go for externship. It is a hard question to answer. I have a little experience working in a Hotel, a Restaurant, and for a Catering company and there are good and bad points of each.

Everyone has different opinions so I would like to get feedback from people about working in each of these areas. Next month we could put together an article that might help students choose where to go for externship, in the summer, or after graduation.

It is important to gain knowledge of different kitchens and styles of good service but it is hard to know where to start. Our experiences may help new students decide what job is right for them.

If you would like to contribute to the article, please come by Room 254 or call 867-2244 and ask for Denise. I look forward to hearing from you!

Student Emergency Fund Raffle

Students and staff of George Brown College working together to help students. In the past two years, we've raised over \$10,000 to assist students faced with unforeseen financial difficulties.

How Can You Help?

Buy/sell tickets: tickets are only \$2 and the first prize is \$1,000 Cash or a years tuition and books. Other great prizes include a Career Assessment Package-value #350, courtesy of Career Development; a Con Ed. course-value \$100, courtesy of Con. Ed.; Dinners Sigmund, courtesy of Hospitality; Ticket for Tommy.

Restaurant Reviews

Charlie's Charbroiled

(King and Sherbourne)

Rating ****

Fast and Friendly Service

Great burgers and sandwiches, Specials are worth a try

You get a lot for the money

Friendly atmosphere with lots of room to move. Good to sit, talk, and relax.

Great prices; only \$3.25 for a Hamburger Deluxe with fries and coleslaw

The Keg

(Church St. south of Front)

Rating ****

Bar opens at 4:00 and Dining Room opens at 5:00.

Fast, friendly service. Wait staff is very attentive.

Food tastes good. Steaks come the way you order them.

Escargot tasty and served piping hot. Recommend the Crab Parmesan Artichoke Dip served with nacho chips.

So much food your belly aches.

Great atmosphere. Cushy bar chairs and good classic tunes.

Reasonable prices. Half price appetizers Monday to Friday 5:00 to 7:00 and Tuesday 5:00 to 12:00 in the bar. Keg size drinks are a good deal.

LOTUS

(96 Tachumseth St.)

Rating *****

Service casual but professional

The food was cooked to perfection and the presentation was flawless.

The portions were large without overflowing the plate. You do not go away hungry.

A small restaurant with only ten tables, cosy and intimate

The prices reflect the quality of food and service. \$8-\$14 for appetizers, \$28-\$32 for entrees, wines from \$25.

Rating Scale:

***** excellante

**** worth a visit

*** comme ci comme ca

** lousy

* never again

Restaurant Reviews will appear each month in the Dialog. If you would like to submit a review, please fill out a "Restaurant Review" form and return it to Room 254 before the 15th of the month. Each entry will be eligible to win Dinner for Two at the Toronto Hilton to be drawn in March.

IS A STUDENT STRIKE THE ANSWER?

By: Tim Kemp, SA President

On January 25th a number of groups have called for a general Student Strike in order to protest the upcoming changes, through the Social Security Review, to funding for Post Secondary Education. The group leading the charge for action is the Canadian Federation of Students.

The Canadian Federation of Students are a university based student service and advocacy group. They consider themselves the official voice of students across the country and as such, feel that they have a mandate to lead the protest and debate on the Social Reform issue.

Unfortunately, they do not represent Community College students through their membership, their actions or their policy positions. They advocate the throwing of food at people who come to talk and maybe listen to them, a practice that is

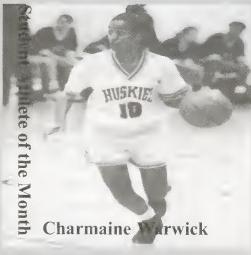
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SPORTS

January 1995 - Happy New Year

Welcome back! Hope everyone enjoyed the festive season and is well rested for the coming semester. There are many games, new programs and special events scheduled for the month of January. We hope that you will take part and enjoy the fun and rewards of participation. Have a great year!

COCA COLA



Charmaine Warwick

Has led the team to 3 consecutive wins in the month of December

camp are: Ron Ashley, Jodie Dallas, Denise Styles, Jason Mednick; Rob Shaw, Sean Rajkuman, Mitch McDermid (Student Coach), and Brenda Power (Head Coach). The coaching staff would like to thank each member of this years team for their patience and great effort at the first training camp.

Varsity Christmas Party

Over 130 student athletes, coaches and staff members gathered at Casa Loma campus to share in two hours of fun and friendship. This event is one of the few opportunities that team members from 12 varsity programs can get together to express their feelings and share their individual experiences and stories about participation on varsity teams. Oh! What stories they tell. Thanks to all varsity coaches, student athletes, managers and trainers for their support, hardwork and continued commitment in making our program a success. In many situations it is the direct effort of these individuals that are the key towards developing a positive school spirit and image.

Staff Volleyball

Ten teams participated in this years staff volleyball tournament. Many of the participants and spectators involved throughout the tournament have commented on the improved caliber of play. After all the dust had settled, there was only one team that could be recognized as the 1994 Championship team. This is a team that displays a lot of team spirit both on and off the court. Congratulations to the Basement Bombers from the Technology Division.

Varsity

Womens Basketball

The women's basketball team is on a four game winning streak. The Huskies have trounced their last three opponents, Niagra, St. Lawrence and Redeemer by the respective scores of 81-56, 64-39, and 80-55. We won an important match over last years Ontario finalist Seneca, 84-81 on Friday December 9. We now have a 5 and 3 record to carry into the new year, and the team is looking forward to January 10 when we meet third place Mohawk. This years "run and gun" scoring lead by point guard Charmaine Warwick (11ppg), centre Sandrine James (16.5ppg), forward Maureen Rooney (12ppg), guard Charmaine Edwards (10ppg) and forward Ingrid Gayle (12ppg). A strong factor in our current success is our great bench when contributions from dynamic players like Joanne Gomez, Suzette Simpson, Aida Gabriel and Teressa Strong and first year players Lori Peterson, Judith Spenser and Diane Lockhart.

Womens Volleyball

To sum up the start of the women's volleyball season in one word I would say "improved". Considering last years record, and this years start of 2 and 2; I think it is only fair to say, that there has one hell of a improvement. Well, it's only the beginning but what a way to start. Keep up the good work girls, and good luck on the remainder of the season.

Ski Team

The Killington training camp was a benefit for all members of this years alpine ski team. The time spent together as a whole was great fun for this "family" of skiers. For those who have never attended a ski training camp before, the experience was well worth the effort. Each athlete was able to gain valuable ski knowledge. Which should be very beneficial for this years racing season on the O.C.A.A. circuit. The weather for this years training camp, was very favourable and was a strong influence on the effectiveness of the camp. These athletes who participated at the 1994 Killington

Alumni Happenings

On December 10, the women's volleyball team hosted our alumni in an exhibition game. It was great to see many of our past student athletes return and renew the friendship they have made over the previous years. Our varsity team tried hard but fell short in winning the game by the slightest of margins.

Trivia

Did you know that twenty years ago, our men's basketball team captured the first Canadian College National Basketball Championship.



Catching Up on the Action

RAFFLE WINNERS

The A.M.A would like to take this moment to thank all who participated in the raffle. Help raise money for the Seniors Division.

Congratulations to all the winners:

1st Prize \$100.00 gift certificate to (MHS)
2nd Prize \$50.00 gift certificate to (MHS)
3rd Prize \$25.00 gift certificate to (MHS)
4th Prize \$10.00 gift certificate to (MHS)

5th Prize \$5.00 gift certificate to (MHS)

Mark Barnes,
Denise Styles,
Andrea Lewis,
Troy Ward,
Mike McLean,
Doreen McLean
Helen Young

Thank you for your support!

Sports Continued



GBC Huskies crashing the boards



Student Life Update

by: Frank Chernin

Welcome and welcome back. I hope everyone had a wonderful holiday and joins us with optimism and enthusiasm for the new year. Start the semester off right, if you had some problems last term, make sure you take action early to ensure that you don't make the same mistakes. This can be arranging for peer tutoring, setting up your own study group, letting your teachers know early where you are having problems. Here's another idea, if you haven't been involved in your GBC community, take the time, as little as a couple hours a week, to get involved. Being an active participant in our community means more than going to classes, it requires that you give something back, that you do your part to ensure that George Brown College meets the needs of all our students, both academic and social. You can help by selling tickets for the Student Emergency Fund raffle.

- First prize is \$1,000 or tuition and books for the 95-96 academic year. If in the past you have been involved with student government or other political or community groups, or you think it's time you did get involved, consider running for SA. Elections for student leaders will be held in late February, with the nominating process beginning January 9. Get details from your campus SA office or the Student Life office, 200 King St. E. Rm. 124, 867-2674.

Intramurals

Casa Loma - Register for floor hockey and blind volleyball
(January 2 - 13).

St. James - Register for badminton and blink volleyball
(January 2 - 13).

Recreation

January 16 - 27 Tai Chi - St. James Campus, register at gym office

Varsity

January	6 - 7	G.B.C. invitational basketball tournament
10		Women's basketball, Mohawk vs G.B.C.
11		Men's volleyball, Durham vs G.B.C. 6:00 pm
	11	Men's basketball, Loyalist vs G.B.C. 8:00 pm
ball	14	OCAA Men's and Women's All-Star volley- game at Seneca
6:00 pm	20	Men's volleyball, RMC vs G.B.C.
8:00 pm	21	Men's basketball, Algonquin vs G.B.C. OCAA Men's and Women's All-Star basket- ball game at Durham
ball	27	Women's volleyball, Lambton vs G.B.C. 7:00 pm
G.B.C.	28	Women's basketball, St. Lawrence vs 2:00 pm

GBC High School Bball Tournament

Congratulations to Victoria Park Collegiate on winning this years championship. They defeated Senator O'Connor in the championship game by the score of 63 - 60. In the consolation final, Central Commerce defeated Northern Secondary by the score of 68 - 55. Gus Gymopolous of Victoria Park was selected the MVP of the tournament.

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Cash or a years tuition and books. Other great prizes include a Career Assessment Package-value #350, courtesy of Career Development; a Con Ed. course-value \$100, courtesy of Con. Ed.; Dinners Sigfrieds, courtesy of Hospitality; Ticket for Tommy.

Join the committee to plan the February 16th draw at the Pub:
We'll need help with publicity, promotion; volunteers to staff the door, sell tickets.

When you have decided how you would like to get involved, call Franky in Student Life, 867-2674, or Glenda in the SA, 867-2454

New Music



Barenaked Ladies: Dressed

"Our last album had an outsider's point of view, looking in on fame. This time, it's pretty much the other way around." So says Ed Robertson on the stunning, slightly surreal, creative and commercial success he shares with the other members of BareNaked Ladies. "We were singing about pop culture and how it affects our everyday lives," continues Steven Page, the band's other founding member. "Now we know."

In a musical world where words like electric, intelligent and uncompromising usually consigns one to perpetual cult status, the amazing popularity of the Toronto-based quintet is indeed a little surreal.

The multi-platinum album sales, multi format radio hits and multitude of concert goers, on the other hand, are all very real. The history making critical and popular acclaim that greeted BareNaked Ladies, Sire Records, debut album Gordon, took them neatly out of the alternative column and into the realm of major innovators. Far and away the most original arrival in recent memory, BareNaked Ladies have found a widespread audience and

surprised the sceptics. Here's a band with personality, potent songwriter, a point of view... and popularity.

Now, with the release of BareNaked Ladies adept, amusing and adventurous new album, Maybe You Should Drive highlights the bands knowing new single and video "Jane," along with originals written, separately and together, by Robertson and Page (who also worked with English songwriter Stephen Duffy). The result is an album that deftly captures the heightened reality revolving around this unique collection of creative co-conspirators.

BareNaked Ladies extraordinary appeal was evident almost from the very beginning, back in 1988 on the burgeoning Toronto alternative music scene. With a stylistic blend that was more than the sum of their diverse influences, the group toured extensively, even exhaustively, throughout Canada and England, steadily building an enthusiastic fan base. The 1990 release of their independent EP signalled the group's popular potential with a certified Top 40 hit single, "Be my Yoko Ono," and sales that made history as the EP became the first independent release in Canadian history to go gold. A year later they landed honors at the CASBY awards (The People's Choice of Canada) and signed a major label deal with Sire Records.

What followed is a matter of more music history, and history making music. Gordon would reach platinum status in just over a week, going on top octuple platinum sales in Canada. It would remain at number one on the album charts for eight consecutive weeks in 1992 and in the Top Ten Listings for over ten months. By the end of 1993, Gordon had yielded no less than four utterly distinctive hit singles—“Enid,” “Brian Wilson,” “What a good boy” and “If I had a million dollars”—and earned BareNaked Ladies Group of the Year honors at the Juno Awards.

Stumbling off the road earlier this year, the group took a well deserved four month break, during which time Page and Robertson began assembling the material for a follow up to Gordon. "We were so gratified from the success of the album and our touring," explains Robertson. "It was a total vote of confidence for following musical instincts." "There was a very natural progression from the last album to the new songs we were writing," adds Page. "Having achieved so much of what we wanted to do, we had the freedom to explore some more personal aspects to our music. I don't like the word maturity, but there is no doubt that as a band we've been through a lot of changes in the past two years."

The band has been touring Canada in the last few months and will be finishing up at the end of this year. They also spent some time in the states and in Europe where they were received very well. Many Thanks to the BareNaked Ladies for their time and good luck in many future endeavours.

Is a Student Strike the Answer? cont'd

despicable in this day of food banks. Their idea of constructive dialogue is to yell and scream their points and then leave before anyone has the opportunity to respond. And now they propose that students across the country walk away from the very classes that the term "student" requires them to attend.

Perhaps a better solution could be found to deal with the Social Policy Review and the issues from it that affect Post-Secondary Education. What should be looked at is the idea of dialogue. Through an organization that *does* represent Ontario college students, OCCSPA (Ontario Community College Student Parliamentary Association), dialogue has been opened with the ministers office and it is being listened to because OCCSPA didn't bring food to chuck at people. It is amazing what a little civility can do towards creating a good atmosphere for the exchange of ideas and

opinions. Only the presentation of solid, valid, well researched ideas and opinions can really help to bring about the positive change that is needed in the social policies of the country.

So on Jan 25th, if you feel you have to make a statement about the Social Policy Review, don't skip school or throw food at people, instead read the Social Policy Review paper and then call or write your MP or Lloyd Axworthy's office and tell them what you think. Remind them that you are a voter and most importantly, when your opportunity to vote is there, you will use it.



JANUARY 9TH 1995 - ELECTION PACKAGES AVAILABLE IN THE STUDENT ASSOCIATION OFFICES, STUDENT LIFE OFFICE, COUNSELLING OFFICES AND STUDENT AFFAIRS.

JANUARY 27TH (12 NOON) 1995 - NOMINATIONS CLOSE

1995

JANUARY 30TH 1995 - CAMPAIGNING BEGINS

FEBRUARY 17TH 1995 - CAMPAIGNING ENDS

FEBRUARY 16TH - ADVANCE POLL

FEBRUARY 21ST & 22ND 1995 - VOTING

FEBRUARY 23RD - ANNOUNCEMENT OF NEW STUDENT

LEADERS

